



**Brunel**  
University  
London

# Public Engagement Fund

Engagement Strategy and Support Unit (ESSU)  
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**Emma Harding and Rachel Woodbridge**  
**In Their Shoes**

## **Emma Harding and Rachel Woodbridge - In Their Shoes**

The project will engage school pupils in a 1 hour experiential workshop. This will involve interactive activities which will practically put students and teachers 'in their shoes', experiencing what it may be like to have typical and lesser known symptoms associated with dementia.

The sessions aim to encourage reflection on their experiences of the creative tasks undertaken in the workshop. What did these experiences feel like? How do they relate to people with dementia? and how could we as a community support people with dementia having these experiences?

As part of the project the team aim to develop a toolkit for the workshops (materials, a training package and workshop delivery protocol) to ensure the project is sustainable and can be delivered on an ongoing basis, for example, by teachers from the local schools or student volunteers.

