

We understand that sometime unexpected conversations may happen. Here are the resources that we would like to remind you of:

What if someone is being or showing signs of

Needing medical help or advice?

Call **NHS 111**

Suicidal? Call

Samaritans 116123

Domestic Abused? Call

Refuge 0808 2000 247

Needing help with drug addiction? Call

Frank drugs helpline 0300 123 6600

Being bullied? Call

National Bullying Helpline 0300 323 0169

Child suffering? Call

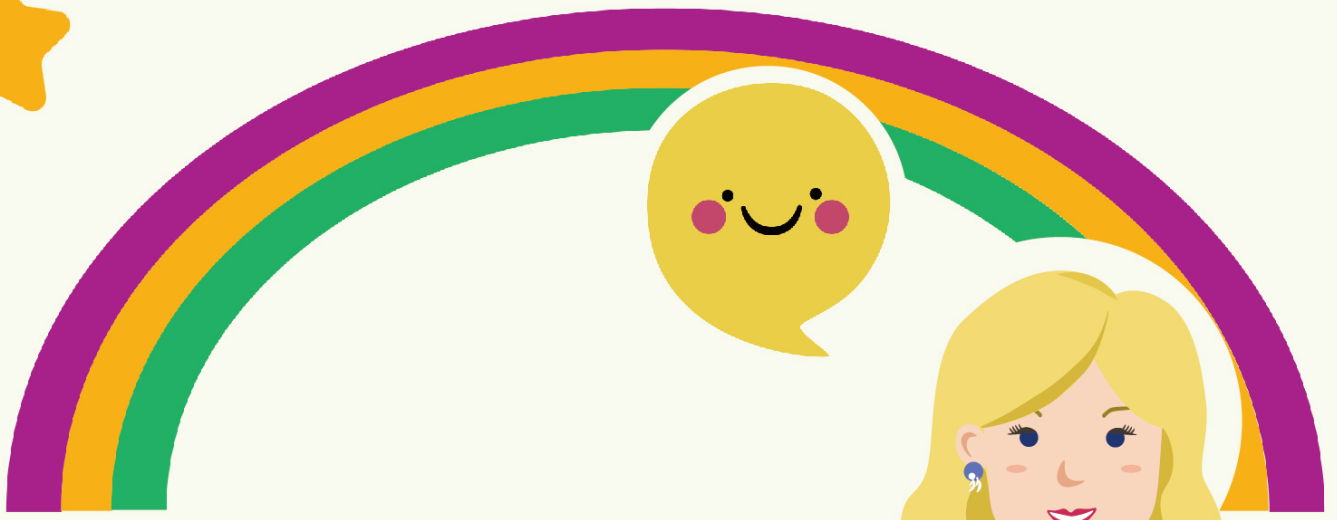
ChildLine 0800 1111

In a life-threatening emergency?

Call **999**



**HELP
LINES**



You can wear the

Happy to Chat

badge anytime, anywhere, for however long or short as you wish. When wearing the badge, you are sending a message to others that you are happy to be greeted, approached and have a chat.

The happy-to-chat movement is supported by:

