

SPORT AT BRUNEL



Brunel
University
London

Sport

FULFIL YOUR
POTENTIAL
THROUGH SPORT
#BRUNELSPORT

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WELCOME TO BRUNEL SPORT

Sport is an integral part of Brunel University London, providing a quality service to all Brunel students, staff, alumni and our local community.

We're defined by our Vision:

"to inspire people to fulfil their potential through sport and physical activity."

We make it our Mission:

"to promote participation in sport, from grassroots recreational level through to elite performers on a world stage."

We provide a range of high quality facilities and services for students, staff and our community. As one of the UK's top institutions in sport, many of our students, graduates and staff have represented their countries at the Olympic Games and World Championships as competitors and coaches. However, it's not all about high performance sport, we're committed to provide opportunities for all to take part in sport and recreation. A range of activity programmes runs throughout the year with seasonal variations, and our aim is to provide a welcoming and friendly environment that's supportive to all.

Key sporting dates

- Sport Scholarship application deadline: 31 July
- Welcome and Trials week: Late September / October
- Start of the BUCS season: October
- End of the BUCS season Sunday: March
- BUCS Nationals: February
- BUCS Conference Cup: March
- BUCS Trophy final: March
- BUCS 'Big Wednesday': March
- Varsity week: March
- Team Brunel Ball: May

JAMES BUDKIEWICZ

Deputy Director, Commercial Services

WHAT A SPORT SCHOLARSHIP MEANS TO ME

I'm Dillon Ryan, a long jumper, who competed for Ireland at national and international level. My enrolment as a Brunel Sports Scholar profoundly enriched my athletic journey and university experience.

Living on the Brunel campus has been strategically advantageous. It was highly beneficial and time-saving having direct access to state-of-the-art indoor athletics facilities right on my doorstep.

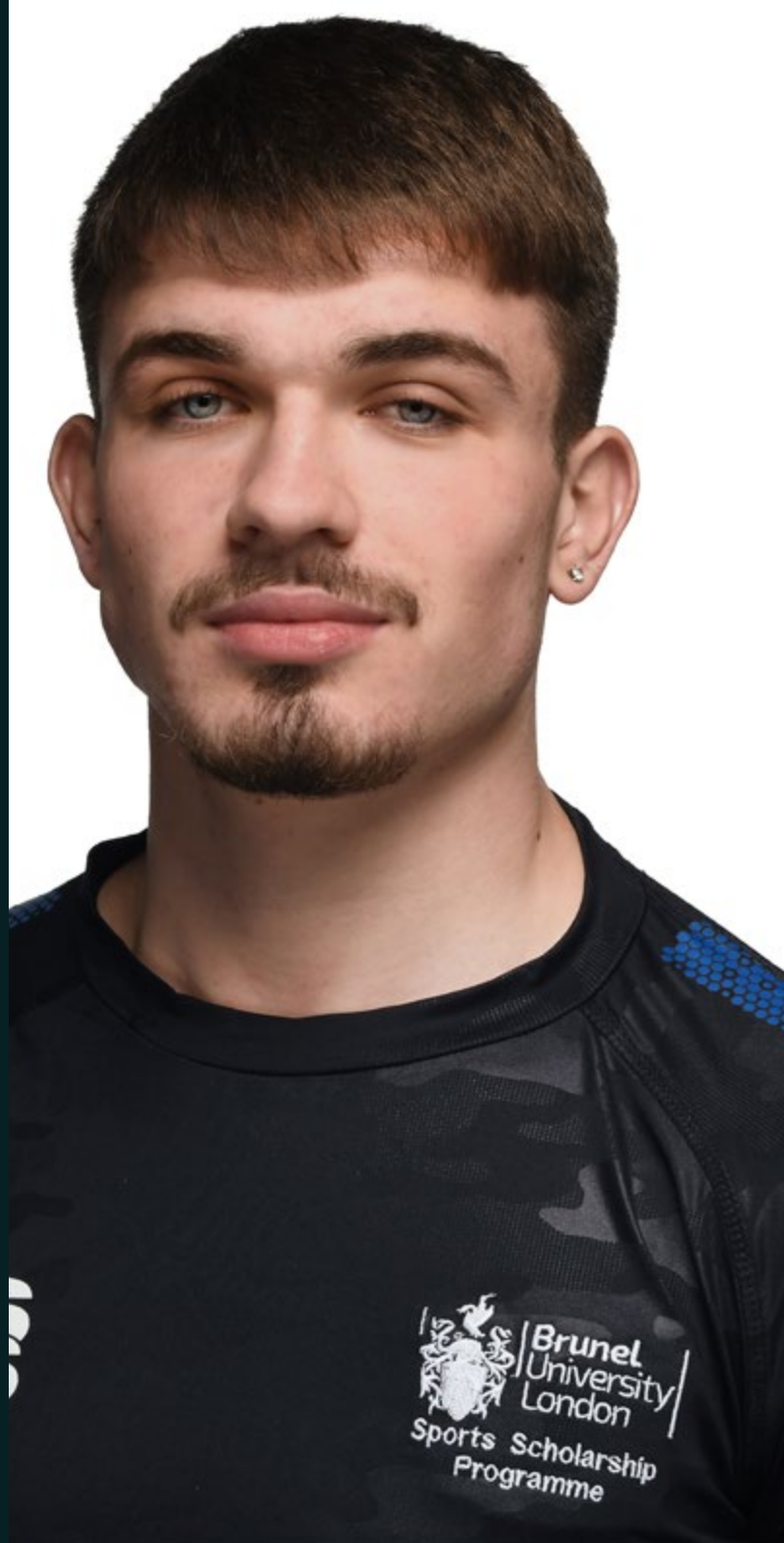
Another major benefit was having access to top-tier coaching – I had the pleasure of closely collaborating with Brunel jumps coach, Danny Sawyers, whose expertise and guidance played a vital role in elevating my performances to heights I never deemed possible.

The pinnacle of my experience was the moment I won gold at the 2023 Outdoor BUCS for long jump. This accomplishment not only marked a significant personal triumph, but also merited financial recognition from the programme.

The programme also offers access to professional physiotherapists and sports masseuses, providing essential support for injury management and overall physical well-being.

For those who have a genuine passion for sports, I recommend giving serious consideration to the Sports Scholarship programme here at Brunel. It offers an extraordinary blend of world-class training resources and a conducive academic environment.

Dillon Ryan



SPORT SCHOLARSHIP PROGRAMME

Students who demonstrate sporting achievement at junior or senior international level or equivalent will receive an extensive support package on campus.

It's our aim to provide the best possible service to our top performance athletes who are studying at Brunel.

What's included within the scholarship award?

- Cash Award between £750–£3,000 per year*
- Athlete-friendly accommodation on campus next to sports facilities**
- Sport science support
- Free use of world-class sports facilities including the Indoor Athletic Centre and performance gym
- Weekly sports massage and injury advice
- Sport scholarship kit

**Cash awards vary annually depending upon sport, funding and support.*

***The programme does not cover accommodation costs or tuition fees.*

Who can apply for a Brunel Sport Scholarship?

If you hold a conditional or unconditional place with Brunel for the academic year 2025/26, you can apply.

If you compete in one of our performance sports: athletics, netball or futsal, you'll be given priority for funding. For rugby union scholarship applications please check out the next page.

Other sports include archery, badminton, canoeing / rowing, cycling, women's football, golf, hockey, judo, squash, swimming, table tennis, tennis, triathlon, Olympic wrestling and Olympic weightlifting.

How can I apply for a Brunel Sport Scholarship and find more information?

The application form is available via Richard.Ashe@brunel.ac.uk, please give your student ID number and an application form will be made available for you. The first deadline for applications is 31 July 2025 to ensure athlete-friendly accommodation. The second deadline will be 31 August 2025, but doesn't guarantee athlete-friendly accommodation.

TRAILFINDERS RUGBY ACADEMY SCHOLAR AND FORMER WALES UNDER 18 INTERNATIONAL

The opportunity to train alongside the first team and get expert coaching from great coaches is an amazing experience. It's given me an insight into the hard work and commitment it takes to be a professional rugby player, and I'm excited to further my skills on the field and in the classroom.

Dan Hiscocks



EALING TRAILFINDERS RUGBY ACADEMY SCHOLARSHIPS

The Ealing Trailfinders Rugby Club and the Trailfinders Rugby Academy are fully committed to discovering and developing the most promising and aspirational players to support their journey towards professional rugby.

This rugby scholarship programme is designed with Brunel. It allows you to gain a degree, to set you up for the rest of your life academically, as well as pursuing a professional rugby career with a full-time rugby programme.

Ealing Trailfinders are currently the 14th best rugby team in England and play professionally in the Greene King IPA Championship, the second tier of English rugby. The progression has been significant year-on-year. They have set their sights on becoming a Premiership club in the near future.

About our scholarship

The Club offers a comprehensive full-time rugby scholarship programme which is run by over 20 full-time staff. In order to ensure consistency, the management for the scholarship programme are closely aligned with the first team, allowing seamless transition. The extensive coaching on offer includes expert throwing, kicking and scrum coaches, as well as the backs, forwards and skills coaches who oversee the day-to-day rugby activity.

As a scholar, you have the opportunity to train with the first team at Ealing Trailfinders, meaning you're immediately exposed to international standard players to help your development. Scholars may also get invited to attend the full pre-season training with the club. There's a full-time team of physiotherapists, nutritionists and psychologists, as well as a Chaplaincy who provide unrivalled professional and pastoral support to the scholarship programme.

What we include within the scholarship

- Cash bursary / financial assistance with university accommodation and tuition fees (based on scholarship application and Rugby CV)
- Weekly elite-level coaching from Ealing Trailfinders team of professional coaches
- Free access to Coach Logic analysis platform. Bespoke strength and conditioning programme set by Ealing Trailfinders strength and conditioning coaches
- Medical support from Brunel's and Ealing Trailfinders' medical teams
- Sports psychology support
- Placement in university accommodation next to Brunel sports facilities with other sport scholars
- Free membership to Brunel's sports facilities including the Indoor Athletics Centre and strength and conditioning gym
- Free access to Brunel's Lancaster Hotel spa facilities on campus, which include ice pool, jacuzzi, sauna and steam room
- Free Brunel sports scholarship and Ealing Trailfinders training kit
- Free season ticket access to Ealing Trailfinders' Greene King IPA Championship campaign
- Work experience and networking opportunities to support your degree
- Access to industry professionals and education to teach life skills associated with becoming a performance scholar



How can I apply for the Ealing Trailfinders Rugby Scholarship Programme?

The scholarship programme is open to all Brunel students. Last year we were delighted to receive applications from regions including England, Wales, Ireland, Hong Kong and South Africa.

If you'd like to apply for an Ealing Trailfinders Rugby Academy scholarship, or discuss your eligibility before you apply, please email **academy@etprm.com**. To complete your application, please make sure you attach a cover letter, Rugby CV and Rugby Highlights reel to your email.

Application deadlines

- First application deadline: January
- Second application deadline: July

Applications received after July (during UCAS Clearing) are subject to availability of places on the scholarship programme, and a foundation, undergraduate, postgraduate or research course at Brunel. Please contact the Academy team for further details at **academy@etprm.com**

After reviewing your online application, you will be contacted by Ealing Trailfinders Rugby Club. If your online application is satisfactory, you will be assessed by the Club's Academy Team. Our Head of Recruitment is responsible for our talent identification team who

attend and review school and club matches as well as AASE and Premiership Academy League games to give us the best possible information across the talent landscape. You will be contacted after your assessment is finished by the Club about the final outcome of your scholarship application.

Please note that you will need to make two separate applications and meet the entry requirements both of the rugby scholarship programme and a foundation, undergraduate, postgraduate or research course at Brunel.

Team Brunel Rugby Union

The partnership between Ealing Trailfinders and Brunel means that the club oversees the men's and women's performance programmes at the University. Brunel Rugby Union field four teams on a weekly basis, three Men's XVs and one Women's XV. They have BUCS fixtures every Wednesday. With the first XV performance squad aspiring to reach BUCS Super Rugby status in the next three years, which is the top level, the programme supports its scholars with in-season and out of season programmes. You can find out more by contacting a member of the academy team via email **academy@etprm.com**, who can help you arrive in the best possible condition. The Trailfinders Rugby Academy also has access to a large number of rugby playing opportunities across its network of partner clubs.

BRUNEL GYM

At the heart of Brunel Sport is our Gym. If you're looking to join a modern, well equipped gym on campus, start taking group fitness classes, or whether you want a place to play racket sports, we have a membership option to suit you. Memberships are open to students, staff and members of the public, and our team of fitness professionals can help you create a tailored programme designed to help you meet your fitness goals.

- Off-peak memberships from the equivalent of £12.50 per month*
- Student reoccurring card payment members are able to freeze their payments over the summer
- Pre-paid memberships are annual rather than an academic year

**£12.50 per month when purchasing a pre-paid off-peak membership*

Once you're a member, you'll be able to sign up online or via our app to book and / or amend classes, appointments and additional services. We've highly qualified fitness professionals on hand to personalise your workout and offer the advice and support you require.

Our gym has four training areas including a dedicated women's only gym, large functional training area, resistance room, cardio room and dedicated stretching area. As well as a vast array of modern equipment including cable, plate loaded, cardio and functional training equipment including a large functional rig.

We also have three studio spaces for our gym class programme which runs seven days a week with a variety of classes such as Pilates, Yoga, Indoor Cycling, Legs Bums and Tums, Circuits, Bootcamp, Cardio Combat, Booty Bands and Zumba.

Memberships offer an extensive range of fitness and health-related services:

- Professionally qualified fitness team
- Peak and off-peak membership options
- Fully air-conditioned gym
- Personal training
- Full class programme
- Specialist classes
- Motivating fitness centre challenges
- Changing facilities and showers

TAKE A LOOK AT YOUR GYM MEMBERSHIP OPTIONS

BRUNEL STUDENTS

	Peak	Off-peak
Reoccurring card payment*	£22	£18
Annual	£190	£150
Pay as you train	£7	£7

STAFF/ALUMNI/CORPORATE/ SENIOR 60S/OTHER STUDENTS

	Peak	Off-peak
Reoccurring card payment*	£26	£21
Annual	£275	£220
Pay as you train	£7	£7

PUBLIC

	Peak	Off-peak
Reoccurring card payment*	£31	£26
Annual	£330	£275
Pay as you train	£7	£7

**Plus £15 joining fee.*

OFF-PEAK 7AM-3PM

For full terms and conditions, please visit brunel.ac.uk/sport

INDOOR ATHLETICS CENTRE (IAC)

Our unique and impressive Indoor Athletics Centre (IAC) is the centrepiece of Brunel's sporting facilities and is home to the Brunel Athletics Club.

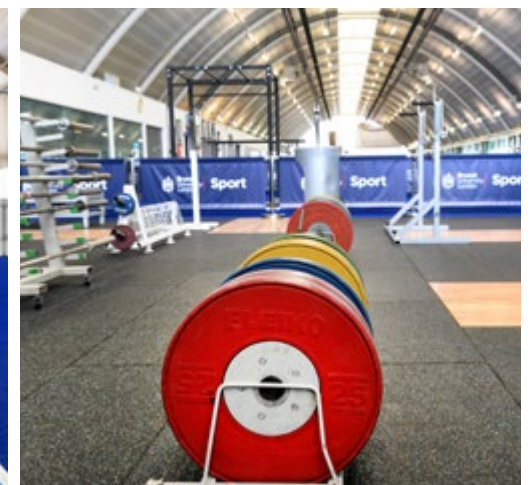
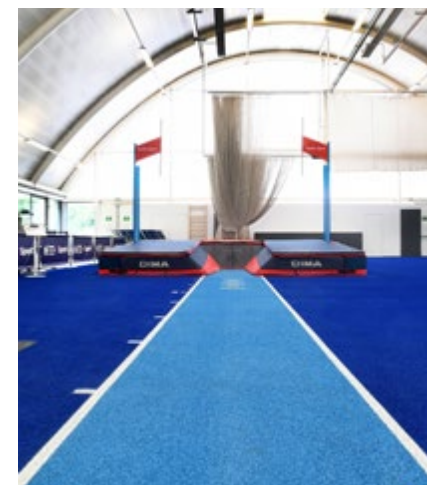
We are very proud of being one of the top three athletics universities in the UK producing British Universities & Colleges Sport (BUCS) medallists every year and many of our graduates have gone on to represent Great Britain at World Championships and Olympic Games.

Our IAC used as a training venue for many world class athletes including the 2022 1500m World Champion Jake Wightman and current 110m World Champion Grant Holloway.

The world class facility boasts:

- 130 metre indoor sprint straight
- Performance gym
- Long jump pit
- Pole vault area
- High jump area
- Throws net
- Dedicated weightlifting area
- Calisthenics area
- Sports massage/physiotherapy room

The IAC is also used by many other student sports clubs including rugby, weightlifting, powerlifting, calisthenics, netball, fencing, rowing, American football and martial arts.



Sporting legends at Brunel Greatest sprinter of all time, Usain Bolt, used to train every summer at our IAC.



SPORTS CENTRE

Brunel boasts not one, but two exceptional sports halls, so whether you're into classic court games or seeking a unique challenge, we've got you covered.

Unleash your inner athlete:

Multiple sports, one venue: Both our Sports and Netball Halls are multi-purpose havens, perfectly suited for basketball, volleyball, badminton, and netball. Lace up your shoes and get ready for some competitive action!

Specialised options:

Indoor cricket and archery: Hone your skills with dedicated nets available within the Sports Hall, perfect for practicing your cricket swing or testing your archery precision.

Spectator-friendly atmosphere:

Cheer on your team: Gather your friends and fellow sports enthusiasts! Both halls boast seating for 300 spectators, complete with integrated scoreboards and timing systems to keep track of the action.

Beyond the court:

Pump up your workout: The Sports Hall houses a state-of-the-art climbing wall, consistently ranked among the top 10 in the country by the BMC (British Mountaineering Council). Challenge yourself and conquer new heights!

Find your fitness flow: The Studio, equipped with mirrored walls, provides the ideal space for a variety of fitness classes and martial arts clubs.

Sharpen your squash skills: On our four courts which cater for everyone - from casual players to league and university matches - and viewing galleries make it easy to follow the action.

Become a part of our sports community:

Membership options: Public memberships and casual use are available for the squash courts, perfect for both seasoned players and curious beginners. Additionally, we host squash leagues for staff, students, and public members, fostering a sense of community and friendly competition.



SPORTS PARK

Our extensive outdoor facilities include an FA-registered 3G pitch, a multi-use synthetic pitch which provides a full-sized hockey pitch and IAAF-standard athletics track.

Our athletics track boasts an A rating in the UKA track certification listings and includes:

- A six-lane 400m synthetic porous track
- High, long and triple jump areas
- Multiple pole vaulting areas
- Full throwing facilities
- Floodlit to 300 LUX
- All equipment is housed on-site
- A high standard full-size centre pitch, home to the Brunel men's and women's football clubs

You'll also find four highly maintained football pitches, two rugby pitches and a dedicated floodlit rugby pitch which is home to Brunel Rugby Club. Other outdoor facilities include six tennis courts and four netball courts, all of which are serviced by the Sports Pavilion which incorporates changing facilities, a video analysis teaching room and a sports bar.

We have always strived to deliver a quality service to all who use our facilities and our commitment to continuous improvement is evidenced through our Quest accreditation. We're one of only eight universities nationally to achieve and maintain Quest accreditation, and we're currently rated 'Very Good'.



BE PART OF THE GAME: JOIN TEAM BRUNEL & ACTIVE@BRUNEL

Sign up for Union of Brunel Students' sports membership, and you can join any of our Team Brunel sports clubs and take part in Active@Brunel social sports for free.

Team Brunel sports clubs

Team Brunel represents the Union of Brunel Students' 50+ sports clubs, which range from team sports such as hockey and lacrosse, through to individual sports including judo and athletics.

The Union has a fantastic record of achievement in sport on both a competitive and non-competitive level. Team Brunel has been ranked as highly as 18th in the British Universities and Colleges Sport (BUCS) rankings and is a regular top 40 institution out of over 140.

Membership to all sport clubs is open to all students, regardless of ability or experience. We pride ourselves on a combination of high achievement and high participation levels - regularly achieving high BUCS points but also growing participation in non-competitive sports too.

Visit brunelstudents.com or email student.activities@brunel.ac.uk

Active@Brunel social sports

Active@Brunel is about getting more active and improving your mental and physical health in a way that works for you. There's no pressure, no need for experience and it doesn't have to be competitive.

Classes include yoga, pilates and boxercise as well as pole dancing and dance fitness. If you don't want to commit to joining a Team Brunel sports club, just turn up and play at our weekly drop-ins.

Fancy something a bit more competitive?

Active@Brunel also has leagues: 11-a-side and six-a-side football, and futsal. So grab your course mates, or housemates, and enter a team for a guaranteed weekly fixture on campus, no travel to away matches required!

You can see the full timetable, and book onto classes here brunelstudents.com/activities/activeatbrunel/activetimetable/

All equipment is provided so just turn up in some clothing that makes you feel comfortable.

How much does it cost?

Just £40 for the entire year gets you:

- Free access to all Team Brunel sports clubs
- Free access to all Active@Brunel activities and classes
- Basic sports injury cover under the Union's BUSA Gold policy
- Membership of the Sports Federation and access to events, tours and competitions
- Influence campus sports policy making through the elected Sports Federation Committee

Buy your Union Sport Membership at our Student Union reception on campus. We can also arrange a free trial.



WELCOME TO BRUNEL MOVES!

We all know that moving and staying active has many health benefits, so why not get rewarded for your hard work? If you're walking with friends, training in our gym or going for a run around campus, you can earn points through our Brunel Moves app. It's free to sign up and you collect points for your activity, which you can convert into useful rewards – it's that easy! Prizes range from a hot drink on campus, drinks bottle, t-shirt, hoodie or vouchers to spend locally.

Search for Moves+ in the App Store or Google Play.

Once you have downloaded the app, you'll need to 'sign up', which is free, by selecting Brunel University London and entering a @brunel.ac.uk email address.

You'll then receive a confirmation e-mail (please check your junk mail).

Then connect your tracker, device or app.

You can take part in challenges, create or join groups to connect with others and get motivated to reach your goal!

Plus, there's even a monthly leader-board which shows you how your points stack up against your friends!



CONNECT WITH US

Brunel Sport app

Get up-to-date information, news, check availability and make bookings all at the touch of your device.

The app features include:

Indoor and outdoor bookings

Check availability and book your favourite indoor sport at your preferred time.

Brunel Gym

Quick access to book your gym slot, find membership prices, class timetables and all the latest news.

Sports clubs and team

Quick access to the Union of Brunel Students website where you can find details of all clubs, societies and events.

News and push notifications

Instantly get notified of centre news and events direct to your phone. With our app, you'll immediately know when there are new events or offers, ensuring that you'll never miss a thing.

Online joining

Register your details online to make using the app easier and quicker to sign up to the Brunel Gym, the Sport Performance Programme and apply for a Sport Scholarship Award!

Share through Facebook and X

Share sport bookings, news, centre information and offers with your friends and family at the touch of a button.

 /bruneluniversitiesport

 @brunelsport

 brunel_sport

Team Brunel contacts

Student Activities Manager
francesca.stirling@brunel.ac.uk

Student Activities Coordinator
christopher.hepworth@brunel.ac.uk

Social Sports Placement
active.brunel@brunel.ac.uk

Sports Administrator
matt.thornton@brunel.ac.uk

Brunel Sport contacts

Head of Sport
james.budkiewicz@brunel.ac.uk

Brunel Sport Reception
sports.centre@brunel.ac.uk

Indoor Athletics Centre
IAC@brunel.ac.uk

Performance Sport
performance@brunel.ac.uk

Brunel Gym
gym@brunel.ac.uk

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#BrilliantBrunel
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